

Fox Valley Twisters Hockey Development

Twisters Teams

8U- Birth Years (2016-2018)

12U- Birth Years (2012-2015)

Fall/Winter Sessions

-Session 1 is 7 Weeks

-Sessions 2,3. and 4 are 8 weeks

-2 Ice Touches per week

-50 Minute Full ice practice

-1 Hour game



8U \$545 sat 8A Sun 7:50a

(Session 1 is 7 Weeks and \$477)

The U8 program is for those looking to start organized hockey in the 8 and under, age group. They will participate in age appropriate practices that will emphasize the key fundamental aspects to the game of hockey.

12U \$545 sat 9A Sun 9a

(Session 1 is 7 Weeks and \$477)

The U12 program is for those looking to start organized hockey in the 12 and under, age group. Here they will develop skating skills and continue to learn the rules of icing, and off-sides. Skaters will continue to develop the basics of 5-on-5 team play. These skills will also be incorporated into both practices and games.

Session 1- 8/31 to 10/27

Session 2-11/9 to 1/11

Session 3-1/25 to 3/22

Session 4-3/24 to 6/1(tentative)

Blackout Dates- 9/7&8 10/12&13 11/30 12/12/28&29 1/18&19 2/15&16

The Fox Valley Twisters are the stepping stone that will help your child learn the skills and passion for hockey! They will practice 50 minutes per week. They will also have a 1 hour game each week. Skill development will be achieved by following USA Hockey's ADM.



**Hockey Director
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**FOX VALLEY
ICE ARENA**